

NEWS

Barnsley & District Branch

April 2024



Your Branch Committee for 2024

Chairman - Terry Kendall
Treasurer - Kathie Sharman
Secretary - Doris Wragg

Vice Chair/Membership Secretary - Ann Marie Sephton

Fundraiser - Philip Thompson

Service Development Officer - Alyson Francis

Webmaster/Zoom Host - Ken Booth

Newsletter Editor - Sheila Ireland (temporary)

Assistant Treasurer - Vacant

Minutes Secretary - Vacant

Health & Safety Officer - Vacant

Research Champion - Vacant

Honorary Member - George Spencer

Branch President - Ian McMillan

Find us online...

Barnsley Branch WEB:
barnsleyparkinsons.org.uk

EMAIL:
info@barnsleyparkinsons.org.uk

FACEBOOK:
Parkinson's Barnsley



AGM in full swing!



Alyson seems to have taken exception to something our Chairman said!

Chair's Chatter

Spring is in full swing, the clocks have gone forward and I'm sure we are all looking ahead to longer days and the arrival of summer. Ahead of us lies an interesting and varied programme of activities throughout the rest of 2024. Alyson Francis has thrown herself into the role of Service Development with gusto. She recently conducted a survey with members of the exercise class and those attending the branch meeting to ascertain what would be the most popular choice for our June outing. The Deep in Hull came out on top. On 8th March myself, Alyson, Brian and Ann-Marie took a trip there to gauge the suitability of the venue. We all agreed that it was a great place to visit, with excellent facilities and friendly, helpful staff.

In February we held our AGM, officiated by Rose Crawley, Network Support Officer for Parkinson's UK. Among other things, she spoke about a telephone befriending service for older people with Parkinson's and the people who care for them. This service is provided in conjunction with Re-engage and is completely free. More details about this are featured on page 3 of the newsletter.

On 16th March we held a bucket collection at Barnsley football ground and raised £453.75.

Carolyn Turton, specialist Parkinson's nurse, attended our March branch meeting and gave a talk on Produodopa, the new treatment for Parkinson's that was recently made available on the NHS in England.

On 21st March we held our ever-popular ten-pin bowling morning at the Metrodome. An enjoyable time was had by all.

I mentioned in our last newsletter that plans to highlight the Get It On Time campaign (GIOT) were in the pipeline. On 31st January there was a major step forward when we were invited by Barnsley Hospital to participate in an awareness day, held in their Collier's Restaurant. A number of people from Barnsley Parkinson's group assisted on the day, supported by people from Parkinson's UK head office. As we were the first branch in the country to be involved in such a campaign with a local hospital, a professional photographer was engaged to capture the spirit of the day. It was seen as an important and pioneering event - possibly a model to be used by other branches nationally. The awareness day was supported by The Head of Nursing, two senior pharmacists and several other members of hospital staff.

Best Wishes, Terry

Stop Press! We are delighted to announce that we have recently been awarded £9,600 from the National Lottery Community Fund to support our Respite Care in the Home Programme.



Recent Fundraising

National Lottery Grant - £9,600.00

Just Giving – £2,513.00

(includes an anonymous donation of £1,000 in the name of Susan Grant.)

Euroglaze Ltd- £310.00

Barnsley Football Club - £453.75

Tarn End Tap Pub - £340.00

Friendly Masonic Lodge - £250.00

Coming Up...

11th April	World Parkinson's Day - Natter Café, Falco Lounge (10.30am - 12 noon)
12th April	Awareness Stand in Town Centre
16th April	Branch Meeting - Speaker, our President Ian McMillan
19th April	Introduction to non-contact boxing (Shafton Boxing Club 11.00am)
26th April	Introduction to non-contact boxing (Shafton Boxing Club 11.00am)
25th April	Walk Cannon Hall, Cawthorne (10.30am main car park)
9th May	Natter Café, Falco Lounge (10.30am -12 noon)
21st May	Branch Meeting - Wentworth Woodhouse Speaker (to be confirmed)
23rd May	Walk, Wentworth Woodhouse (10.30am front of house car park)
4th June	Annual Outing - The Deep, Hull (Tesco Stairfoot car park at 10.15am)
9th June	Plant Stall - Locke Park
13th June	Natter Café, Falco Lounge (10.30am -12 noon)
18th June	No Branch Meeting
27th June	Anglers Country Park - Winterset Reservoir (10.30am main car park)

Obituaries

David Waring, Mary Beevers & Peter Greenhoff.

We are sad to announce the passing of David, Mary & Peter.

Our thoughts are with their families and friends.

Telephone Befriending Service

As mentioned in Chair's Chatter, Parkinson's UK is working with Re-engage to offer people aged 60+ with Parkinson's, and the people who care for them, a telephone befriending service. It is completely free, and you can refer yourself or someone you care for. Once signed up, you'll be matched with a friendly volunteer who has similar interests to you. They will call you every one or two weeks, depending on your preference, for a casual chat about anything you like. All volunteers are fully trained and will be familiar with Parkinson's, but you don't have to talk about the condition during your calls.

Sign up on Re-engage's website - reengage.org.uk - or telephone 0800 716543.

This service has been introduced by Parkinson's UK to bridge the gap created by the ruling that branch officials are not permitted to visit members' homes due to safeguarding issues.

Plant Sale

Our annual plant sale takes place in Locke Park on 9th June.

Please help in any way you can, either by providing plants or helping on the stall on the day.

Further details can be obtained from Philip on 07729 705596.

Trip to The Deep, Hull

By popular demand, our annual outing this year is to The Deep in Hull.

This will take place on Tuesday 4th June. The pick-up point is Tesco car park, Stairfoot at 10.15am. The coach has a hydraulic lift and is capable of accommodating wheelchairs.

Names to Alyson or Doris.



11th April is World Parkinson's Day. It falls on a Thursday this year, which happens to be the same day as our monthly Natter Café. For this reason, we have arranged to hold an awareness stand in the town centre on Friday 12th April instead (9 am - 4 pm).

The Town Hall clock tower will be illuminated at night in Parkinson's corporate colour - blue. We are also hopeful that The Glassworks will also be likewise illuminated.

What Happens When?

Branch meetings - 3rd Tuesday in the month, 2.00pm - 4.00pm, Emmanuel Church

Exercise classes - Weekly on Mondays, 1.00pm - 2.00pm & 2.30pm - 3.30pm.

2.00pm - 2.30pm - time for a drink and a chat - Emmanuel Church

Natter Cafés - 2nd Thursday in the month, drop-in at the Falco Lounge, Town Centre between 10.30am and 12.00 noon

Walks - Last Thursday in the month, April - September. Various venues.
See Events Guide for details

BARNSELEY AND DISTRICT BRANCH

Branch President

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Branch Chair

Terry Kendall 07515 051075

Branch Secretary

Doris Wragg 01226 744670

Nurse Specialist for Parkinson's

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Parkinson's Local Adviser

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Many thanks to the contributors to this issue.
Future items should be sent to **Maxine Mellor** at
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Parkinson's UK

We're the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

Free confidential helpline:
0808 800 0303

Interpreting available:
0800 111 4204

Visit us online at parkinsons.org.uk

A charity registered in England and Wales (258197) and in Scotland (SC037554).

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