Parkinson's UK

Barnsley and District Branch

Minutes of committee meeting held on 27th November 2024

Present

Terry Kendall, Kathie Sharman, Philip Thompson, George Spencer, Alyson Francis, Ken Booth, Nishadi Perera, Doris Wragg

1. Welcome

Terry welcomed everyone to the meeting.

2. Apologies for absence

Apologies were received from Rose and Ann-Marie.

3. Minutes of the meeting held on 12th November 2024

The minutes of the meeting held on 12th November 2024 were agreed as a true record.

4. Matters arising

- (a) Doris will apply for a stand in the town centre for World Parkinson's Day and ask if it can be located outside the Falco Lounge.
- (b) No decision made yet regarding Penistone Show.
- (c) Terry has not heard anything yet from Alison Lofas regarding the exercise classes at Royston.
- (d) The Mining Museum have yet to get back to Terry regarding a speaker.
- (e) The Experience Barnsley Museum are unable to provide a speaker for the January meeting as they have no funding until the next financial year.

5. Rose's updates

No items.

6. Chair's report

(a) Terry has met with the Physio from the Hallamshire Physiotherapy Clinic together with Ann-Marie and Barrie Cooper, and she has come up with two options. The first option is to start with a session where people have a 45 minute appointment at the Emmanuel and go through an exercise programme during which she will monitor the person's performance and give them

feedback about their mobility. If people would like to pursue it further, the second option is to have a further session and take the equipment to use at home for four weeks. However, the Physio has a way of funding for the first option but not the second option. If there is sufficient interest, we will run the first option. So far four people at the exercise class have expressed an interest but due to the bad weather, attendance was limited at the last branch meeting so Terry did not ask for any further expressions of interest.

- (b) Terry referred to the need to draw up criteria for attendance at Carers' Day due to a recent difficulty. He will prepare a draft document for the next committee meeting.
- (c) Terry has spoken to Bronia and the exercise class group and it has been agreed that the classes will be held on Wednesdays, starting in the New Year on 8th January.

7. <u>Treasurer's report</u>

Terry reported that two donations had recently been received, one from Archbishop Holgate's Hospital for £440 raised from coffee mornings and the other for £100 raised by ladies making cards and selling them to Silkstone Golf Club members.

It was agreed that a meeting of the Finance Sub-Committee would be held at 6.00 p.m. on Tuesday, 14th January before the committee meeting at 7.00 p.m.

8. Secretary's report

No items.

9. Service Development report

Boxing – 15th November 7 pwp, 6 carers, 22nd November 2 pwp, 4 carers (including Alyson and Terry)

Golf – 5th November 6 pwp, 3 carers. No golf sessions in January and February.

Carers' Day – 13 booked but 2 did not attend.

10. Fundraising report

No items.

11. Assistant Treasurer's report

No items.

12. Membership Secretary's report

No items.

13. Webmaster's report

No items.

14. Any other urgent and relevant business

- (a) The exercise rota up to the end of February was agreed.
- (b) Terry reported that Parkinson's UK had launched a Tech Guide listing devices and apps that could improve the quality of life for people with Parkinson's. Maxine has posted an article on the branch's Facebook page and a printed version will be available shortly.

15. Date of next meeting

The next meeting will be held on Wednesday, 14th January at 7.00 p.m. following the Finance Sub-Committee meeting at 6.00 p.m.