### Parkinson's UK

# **Barnsley and District Branch**

# Minutes of committee meeting held on 14th October 2025

#### Present

Terry Kendall, Kathie Sharman, Ann-Marie Sephton, George Spencer, Alyson Francis, Ken Booth, Nishadi Perera, Barrie Cooper, Jan Cooper, Doris Wragg,

### 1. Welcome

Terry welcomed everyone to the meeting.

### Apologies for absence

Apologies were received from Rose Crawley.

# 3. Minutes of the meeting held on 9<sup>th</sup> September 2025

The minutes of the meeting held on 9<sup>th</sup> September 2025 were agreed as a true record.

# 4. Matters arising

- (a) Terry gave an update on the position regarding Strolll glasses. The project will be split into two phases, the first phase will be for 6 weeks. There will then be a break of 5 weeks, the second phase will be for a further 4 weeks. The purpose of the break is to see if participants had retained any of the improvements that may have been acquired in the first phase. The project will cost £3750. Parkinson's UK have agreed to fund 50%, the committee agreed to finance the project up to £2,000. Terry is now collecting names of those who might want to participate. Hopefully it will be off the ground in the end of January.
  - (b) Ken clarified that, whilst he could manage the website for the time being, he wanted someone to take over the website in the longer term.
  - (c) Alyson confirmed she had found a caterer who were able to provide the catering for the Christmas Party and she will liaise with Ann-Marie regarding what is needed.
  - (d) Terry circulated copies of the updated branch information leaflet. Ann-Marie will make up packs for distribution to health centres/surgeries.

#### Rose's updates

Terry reported that Rose would be retiring at the end of the year.

#### 6. Chair's report

- (a) Nishadi has offered to take on the role of Treasurer following Kathie's retirement at the next AGM. Ann-Marie has agreed to take on cash handling and will consider taking on the Assistant Treasurer role of paying invoices and expenses. If Ann-Marie took on the role, the committee agreed to purchase a computer to enable her to access to the on-line banking
- (b) Terry circulated copies of the draft Activity Programme for 2026, the programme was agreed in principle. Terry has arranged speakers through to May, he has contacted the Fire Service regarding the speaker for July but has been asked to contact them in January. A decision will be made later regarding the 'Bounce into Summer' event at Goldthorpe.

# 7. <u>Treasurer's report</u>

The committee noted the bank statement as at 30<sup>th</sup> September which showed an adjusted cash and bank balance of £22,506.73.

#### 8. Secretary's report

No items.

## 9. Service Development report

Walk, 25<sup>th</sup> September – 4 pwp, 3 carers attended.

Golf, 7<sup>th</sup> October – 2 pwp, 2 carers attended.

Boxercise, 10<sup>th</sup> October – 15 people attended including 4 from Rotherham.

Carers' Day, 20<sup>th</sup> November – booked and paid for. Only nine carers having treatment and four people with Parkinson's attending.

#### 10. Fundraising report

- (a) Barrie reported that he had contacted the Community Champion at Cortonwood Morrisons and she was happy for us to hold a tin collection subject to 3/4 weeks' notice. It was agreed that Barrie would let her know that we can do any day in the week commencing 15<sup>th</sup> December.
- (b) Ann-Marie reported that the Falco Lounge had agreed to provide us with some refreshments/tapas at the coffee morning in December.
- (c) Tracy Westgarth has made Terry aware of a Roy Orbison tribute night which is being held at the Holiday Inn to raise funds for PUK. John Stapleton's son Nick was going to come as his father had Parkinson's but this has fallen through so Terry has been asked to make a speech about Parkinson's. Terry has also been invited to attend the Superjam event at the Holiday Inn the following week and they will put out collecting tins.

- (d) Terry has not yet received a response to his application to the Community Lottery Fund for respite care.
- (e) Terry has not heard anything further regarding the fundraising musical event which Kate Trelfa's daughter is planning so he will talk to Kathy Markwick, who organises the Superjam events.

# 11. Assistant Treasurer's report

### Exercise class

	1st class		<u>2nd c</u>	2nd class	
3 September	10 Pwp	3 Carers	5 Pw	P 1 Carer	
10 September	11	5	4	2	
17 September	9	5	6	4	
24 September	9	3	6	2	

#### Respite care

Nishadi reported that 5 carers took 4 hours, one carer took 2 hours, plus the carer at the branch meeting 2 hours 45 minutes. Total for September £514.80.

## 12. Membership Secretary's report

Ann-Marie reported that there were 157 members on the latest list but two members need removing making 155.

#### 13. Webmaster's report

Ken has put the October newsletter on the website.

### 14. Research Champion's report

Barrie reported that recent research suggests that Parkinson's may originate in the kidneys and be caused by an accumulation of a protein which spreads to the brain.

Barrie has included an article in the October newsletter regarding his experience of using a Beechband.

## 15. Any other urgent and relevant business

George gave notice that he would be standing down at the next AGM.

Terry gave notice that he would be retiring as Chair the following year.

#### 16. Date of next meeting

The next meeting will be held on Tuesday, 11<sup>th</sup> November at 7.00 p.m.