

Parkinson's UK

Barnsley and District Branch

Minutes of committee meeting held on 14th January 2025

Present

Terry Kendall, Kathie Sharman, Ann-Marie Sephton, Philip Thompson, George Spencer, Alyson Francis, Ken Booth, Doris Wragg, Rose Crawley

1. Welcome

Terry welcomed everyone to the meeting.

2. Apologies for absence

Apologies were received from Nishadi Perera.

3. Minutes of the meeting held on 27th November 2024

The minutes of the meeting held on 27th November 2024 were agreed as a true record subject to 'but 2 did not attend' being deleted from Carers' Day under item 9.

4. Matters arising

- (a) Doris confirmed that the application for a stand in the town centre outside the Falco Lounge on Thursday, 10th April had been approved.
- (b) It was agreed that we would not attend Penistone Show this year.
- (c) Regarding the person who has set up exercise classes in Royston, Rose reported that a qualification to run an exercise class is not one which is provided by PUK but there is a two-hour online training session. There is a qualification for providing boxing but this is provided by Boxing England, not PUK. Rose agreed to contact the person concerned to ask if she has completed an online course.
- (d) The exercise class has now moved to Wednesdays but the first one on 8th January was cancelled due to bad weather.
- (e) Terry has now obtained a printed version of the Tech Guide. Whilst it does not make recommendations, its aim is to make people aware of the devices and apps that are available.

5. Rose's updates

Website - Rose will update the PUK website to include boxing and golf and will also change the date of the exercise class. Ken will change headquarters address on the branch website.

Volunteer recruitment – vacancies have been advertised on both the PUK and branch websites with no success. Rose has also been on local radio. There will be another vacancy for a Fundraiser once Philip has retired at the AGM. Terry felt that the post might have more appeal if the duties were of a more general nature and will draw up an advert for Ken to put on the website.

Refresh brand – will be introduced as part of a phased public launch on

15th January. On-line information sessions are being organised. New membership forms will be produced.

Parkinson's clinics – Rose has been informed by Sue Martin that there are no Parkinson's clinics in Barnsley and people have to travel to Sheffield. Rose will notify Alison of the gap in provision.

6. Chair's report

- (a) Rose explained the differences between running a branch and a support group. One of the issues which came out of the regional volunteer meetings was that the amount of administration needed to be reduced.

After discussion, it was agreed that we would maintain a branch structure

- (b) There is no longer a requirement to hold an AGM as PUK hold an AGM as a national charity.

After discussion, it was agreed that we would continue to hold an AGM.

- (c) The Christmas Party went well apart from the entertainer only singing one Christmas song when he had been asked to sing more. The buffet was excellent.

- (d) Terry reported that six people had confirmed their attendance at the augmented reality glasses sessions with two others who are interested. The Physio at the Clinic has now come back with a proposal for 45-minute sessions for six people with two therapists at a cost of £300. If people would like to pursue the second part and take the equipment home for four weeks, we would need to seek funding for this, perhaps from the PUK activity project.

The committee approved the Finance Sub-Committee's recommendation to fund the 45-minute sessions at a cost of £300 and seek funding for the second part if required.

- (e) Terry circulated for comment a draft document to be used when inviting members to the Carers' Pamper Day. In addition to details of the day, it also states the criterion for those participating. Terry will make the minor amendment as agreed.

7. Treasurer's report

The committee noted the bank statement as at 31st December which showed a total adjusted cash and bank balance of £31,746.40. Kathie pointed out that there would be some changes to the final version.

Consideration will be given to making a donation to head office.

8. Secretary's report

Doris will contact Lisa at Wombwell Tesco to ask if we can have a collection in the next few months.

9. Service Development report

Carers' Day – 17 carers took part, 19 were booked but 2 had to cancel. 13 people with Parkinson's took part.

Golf – 3rd December 5 pwp, 3 carers. Not starting again until March.

Boxing – 13th December 6 pwp, 5 carers; 10th January cancelled due to bad weather.

Terry thanked Alison for organising activities during the past year which had helped members to form relationships with each other.

Terry circulated the draft activity programme for 2025, which after discussion was agreed by the committee.

10. Fundraising report

No items.

11. Assistant Treasurer's report

Exercise class

	<u>1st class</u>	<u>2nd class</u>
2nd December	6 pwp 2 carers	7 pwp 4 carers

9th December

15 pwp 7 carers (joint group)

Respite

Not available.

12. Membership Secretary's report

Ann-Marie reported that there were 147 members on the latest list but one person had since died making it 146.

13. Webmaster's report

Ken asked that members of the committee let him know if there are any changes or updates which need to be made to the branch website.

14. Any other urgent and relevant business

(a) The exercise class rota for February and March was agreed.

15. Date of next meeting

The next meeting will be held on Tuesday, 11th February at 7.00 p.m.