

NEWS

Barnsley & District Branch

Volunteers needed for August Gala

LOCKE Park is holding its annual gala on Sunday 13 August - we will be there.

If you would like to help at the branch stand, please contact Philip (details, page 4).

GARDEN GATHERINGS GREAT SUCCESS

Branch President Ian MacMillan with Sandra Salisbury at the Ardsley Garden Gathering



THE sun shone, crowds were there and two great Garden Gatherings promoted Parkinson's awareness while raising unprecedented funds for the branch.

Held in Ardsley and Staincross on 1 July, the two events attracted large numbers of local people taking advantage of the warm weather.

Branch President Ian MacMillan opened the Ardsley Gathering, organised by Sandra and John Salisbury.

■ Turn to page 3

'We won't wait!' residents are told

"IT WAS like being in a wind tunnel" said one of the 16 branch volunteers who supported this year's Parkinson's Awareness Week activity in the town centre.

But despite the wind (and the

rain) hundreds heard about this year's campaign - *We Won't Wait* - aimed at raising awareness of the vital need for research and fundraising to find better treatments for Parkinson's in years, not decades.

As well as providing information

to the public, the stand outside M&S in the town centre included a tombola which raised more than £200 for the branch.

Thanks go to all the volunteers who helped out on the cold and blustery day, and the people of Barnsley for their support and donations.



Feeling the cold: so cold they all have their hands in their pockets (left); George desperately tries to provide some protection (middle); and Dickie Bird visits (right).

I am writing this message having just returned from a morning at the Metrodome for our Ten Pin Bowling visit.

The idea was adopted on Sheila's suggestion, to replace one of our conventional trips, with a certain amount of trepidation. We need not have worried.

A total of 31 members thoroughly enjoyed the morning followed by a lunch in the Rigby suite. This is an activity which I feel, we must repeat, perhaps on a cold winter's day to replace one of our visits.

This was the third novel event of 2017, the others being the first two of our summer walks series. Here we had contrasting experiences, bright sunshine for a stroll in the park (Locke Park) and strong winds and heavy rain for a more hurried trip round Newmillerdam.

Rona and myself turned up early for the latter, fully expecting probably one more at the most. In fact nine brave souls came to demonstrate that when the going gets tough the tough get going.



The moral of this story is: "Come and join us - whatever the weather." (See [back page for details of the next walks](#)). It's very encouraging for the committee members to see these extensions to our services so well supported.

On the financial side, we have had a steady flow of money into the bank account. Our 2017 Carers' Day had already been financed from grants, as also the exercise class and more recently the seated exercise class, together with the Blackpool Experience for four couples. We have had two collections at Tesco Stairfoot and Barnsley FC. But at the same time an application to The Henry Smith charity for money to secure the respite care in the home service for the next three years was turned down; some you win, some you lose. At the time of writing I am personally very much looking forward to our two Garden Gatherings on 1 July. Parkinson's UK had requested all branches to put something on at this time to try and make an impact similar to that which much larger charities than ours achieve with similar events.

Sandra and John Salisbury at Ardsley and Gina and Mike Rae at Staincross both rose to the challenge and I hope you all made every effort to support which ever of the two was the more convenient for you.

Make the most of the summer weather because the nights start to draw in after tomorrow.

Philip

LANGSETT DAM SPONSORED WALKS

Sunday 20 August

2½, 3½ & 14 mile
(4km, 6km and 22.5km)

The Barn is booked from 9am to 6pm, providing Hot and Cold Food

Join us for a day of Fun, Enjoyment, Relaxation and Exercise for all the family

Help raise vital funds for the Parkinson's UK Barnsley & District Branch

If you wish to take part, please contact George Spencer:
01226 805109 or 07496 232602



A great day out: previous walkers enjoy the view

Dates for your diary

18 July Peter Lau – Motivational speaker

15 August Visit to Kelham Island Museum

19 September Susan St Nicholas – Magic of the Movies & Musicals

17 October Natalee Whitaker – Wiltshire Farm Foods

GREAT GARDEN GATHERINGS



*Staincross:
friends
and family
enjoy the
summer
sun*



■ From front page

Sandra said: "It's not always about the money but getting Parkinson's out there and raising the profile of the support this great charity has and still will provide.

"What really made my day is the fact that two people I spoke to are now aware of what support is available to them."

In Staincross it was the efforts of Gina and Mike Rae who made 1 July a doubly great day.

More than 90 people were at their Garden Gathering, including members from the Wakefield branch.

Funds raised by the two events are still being received

THANK YOU

but the totals to date are £806 from the Staincross Gathering and £1,651 from the Ardsley event. The Grand Raffle raised a further £3,240 for the branch.

The branch says a huge *Thank You* to Sandra and John and Gina and Mike for all their fantastic efforts and dedication. We also thank all the members, friends, family and the people of Barnsley for their magnificent support and enthusiasm for the Garden Gatherings.



*Entertaining as always:
branch President Ian
Macmillan keeps youngsters
amused*



*Face painting,
very popular with
the youngsters*



■ We thank photographers *Isabella and Casey-Jade Wood* for pictures taken at the Ardsley Garden Gathering. lisamari photography2017.wordpress.com

Garden Gathering Raffle Winners

- 1st 43in Tv - A Cutmore 4920
2nd-B&B for 2 Holiday Inn Barnsley-Lisa Foster 0579
3rd £100 portrait voucher-D fretwell 3242
4th£40 TK Maxx voucher-Pam Kellett 2027
5th 2 Sheff Utd tickets-S Hemingway 1176
6th £20 Tesco voucher- Liz Taylor 2517
7th Tesco health grill-L Holland 3144
8th 70cl Canadian Club Whiskey-G Brown 1309
9th Swim&Skate for Doncaster Dome -K A Hughes 1654
10th-Clairvoyant Medium Reading -Steve Dawson 1164
11th £20 facial at House of Elliott-Steve Collins 0004
12th Natural Gel Overlay at House of Elliott-Sue St Davids 3023
13th 2 Yorkshire Cricket Club Tickets-Alan R 2112
14th Paint Balling - J Dorian 0423
15th £25 voucher SE Unique Designs -Maxine Taylor 3042
16th £25 Cardamon Lounge -John Lees 1952
17th £15 Voucher Angie's Beauty Spot-Jack Smiles 0055
18th Voucher The Yard Milkshake & Cake diner Lee Goldbrough 1647
19th Facial & Back massage -Kev Cresswell 0192
20th Domino Pizza Voucher -2285
21st Domino Pizza Voucher -John Spencer 4097
22nd Hair pin up -Ian Hillman 1647
23rd Cut&Finish -Tom Atkinson 4092
24th Free Day pass DW fitness -N Shields 2333
25th Free Day pass DW fitness -M Shaw 1231
26th 2 Adults 1 month free membership Dorothy Hyman- Bridget Taylor 3464
27th £10 voucher White Olive Boutique -Julie Guest 1568
28th Digital Photo frame -S Dalton 0944
29 Tool Kit -Maureen Hoyle 0899
30 Bottle of Champagne -Rona Thompson 2062
31 Bluetooth Party Speaker -Sam Dalby 0981
I32 Beer Hamper -Maureen 1013
33 Chocolate Hamper- J Gormley 0180
34 Chocolate Bar Hamper -Adele 2532
35 Ashley Chocolate Hamper -Ken Brown 4684
36 Grocery Hamper -Emma Hutchinson 1562
37 Costa Hamper -Debbie Clifford 4096
38 Men's Baylis & Harding gift set -Dawn Considine 1167
39 Women's Baylis & Harding gift set -Maureen Revill 3028
40 Candle Gift Set -Jordan 1632
41 Green Tea Body Gift Set-Callum 2793
42 Body Shop Gift Set -Ken Brown 4681
43 Hand & Feet Gift Set -Andrew St Davids 3481
44 Tea For One Gift Set -Carol Lowery 1159
45 Calcot Manor Spa Retreat Gift Set -Janet Hancock 3637
46 Champneys Spa Gift Set- A Farrell 1265
47 Thorntons Chocolates -Alan Methley 1956
48 Men's Watch & Hip Flask -Rob Mac 0243
49 Next Gift Bag -Joan Galloway 4230
50 Body Shop Gift Set - Lund 4138
51 Body Shop Gift Set- Steve Howson 3524
52 Yankee Candle-Oggy 2664
53 Pet Palls Teddies-Natalie 0567
54 Children's Olaf Dinner Set-Chantelle 2445
55 Candle Set -Annalise Grimshaw 3510
56 Boots Royal Jelly Set- Luke Jones 0505
57 Tin Liquorice Allsorts-Andrew Ackroyd 2052
58 Sake Set - Pam Blakemore 4293
59 Rose Wine-Wayne Docherty 2310
60 Red Wine-Janet Hall 1727
61 Snuggle Fleece- Emma Rolland 1409
62 Baylis & Harding Gift Set -Carmel Baines 0616
63 Ladies Toiletry Bag - Steve Prime 2597
64 Ted Baker Gift Bag-Sharon OKeefe 4955
65 Flower Arrangement-Julie Thistlewood 2084
66 Zoella Gift Set - Lee Smith 4022
67 Laura Ashley Gift Set & Pen - Kev Cresswell 0198
68 Fountain Pen-Maff 2228
69 Boots Body Butter Set -April 0569
70 Laptop/Electrical Bag Set-S Marshall 0374
71 Men's FCUK Gift Set- L Bisson 1902
72 Simple Gift Set- Kev Dalton 2127
73 Dove Gift Set-Kath Robinson 2024
74 Voucher Blackpool Pleasure Beach - N Kennelly 1246
75 Shiraz-Janet Tasker 2109
76 Paradiso Shiraz-J Bushell 2421
77 Famous Grouse Whiskey-Steve Wilson 2296
78 1L Baileys - D Evans 2391
79 Diary Box -Diane Cadwallander 2437
80 Bottle of Champagne-Andrew Ackroyd 2051
81 Haribo Hamper-Anita Cliffe 826
82 Round Golf for 2 Crookhill Golf Club- D Wragg 2032

Congratulations, and thanks for taking part

Parkinson's UK

WE'RE the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

Free confidential helpline: 0808 800 0303

Interpreting available; Textphone 0800 111 4204.

Visit us online at parkinsons.org.uk

A charity registered in England and Wales (258197) and in Scotland (SC037554).

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Find us online...

New Barnsley branch web and email addresses:

WEB: barnsleyparkinsons.org.uk

EMAIL: info@barnsleyparkinsons.org.uk

NEWS ROUND UP

LAST month, the branch's first outing to 10 Ten Pin bowling at the Metrodome proved highly popular with members.

A departure from the traditional, further afield, summer outings, 31 members came along, taking part in contests arranged by the Metrodome.

The event was held in five lanes, each contestant having 20 bowls.



Pictured: winner, Penny; second, Susan Ellam Rutt; and booby prize, Steve Hoyland.



Let's do it again, say bowling contestants

CAROLYN BAMFORD is our new Clinical Nurse Specialist for Parkinson's, succeeding Sue Slater who has now retired. Sue worked with Carolyn

for two days a week during May and Carolyn met branch members at the May meeting. We are looking forward to working with her.



Anne celebrates her 80th at the May meeting



Relaxation: Bronia gives an introduction to Tai Chi at April's branch meeting

The Blackpool Experience

BARD of Barnsley and branch president Ian MacMillan was guest of honour at our May meeting. Everyone was thoroughly entertained, not least when they composed the following verses around last year's Blackpool holiday...

Seaview rooms are very scarce but we had one when we went

In October when the lights were on, but the wardrobe door was bent.

They showed us up to room 101.....
It had a light but that didn't work.....

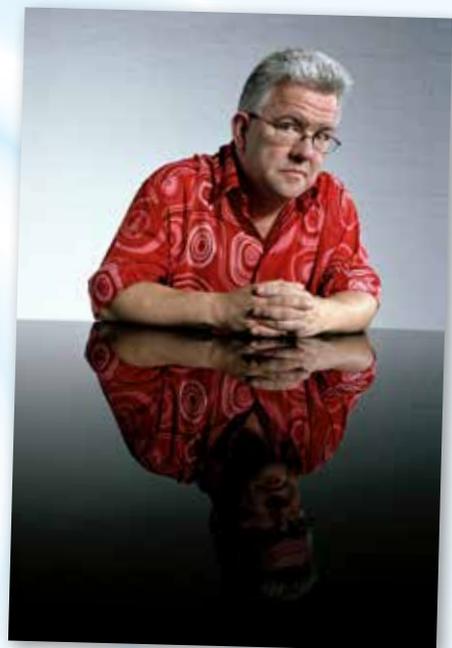
It was on the top floor
The only light was from the Tower
And there wasn't a shower.

It made it look like a wedding night bower.

Uncle Tom and Auntie Florrie
Didn't have a wedding car
They had a Masters lorry.
Their honeymoon was in this room
And Uncle Tom was very sorry.

If we ever told about it
it would certainly be on "Corrie"

They had fifty years of married bliss



But never had a single kiss.
Their ten children said something went amiss
But we won't go there we'll just play whist.



Walking works wonders, whatever the weather

Our first summer walk in Locke Park was in glorious sunshine. “The trees looked lovely and the birds were singing,” said one of the participants.

“And people turned up! Fifteen in all, five with Parkinson’s and four carers. Of the others, four were 80 or over!”

The Park’s cafe has been upgraded and the comments about the walk from participants were very favourable - right length, and

how good it was to have a chance to sit and chat.

Next was New MillerDam - when the heavens opened and the winds howled.

But to our amazement three couples turned up and completed the circuit. Coffee at the end was especially enjoyed!



A history lesson from Philip: at the statue of Joseph Locke



Admiring the ‘Leaning Tower of Barnsley’ now open once a month on a Sunday.



Susan makes her way to “hug a tree” she has lived in the area and never visited Locke Park in the last 50 years!



Wind and rain? We don’t care! Walkers brave the elements at New Miller Dam in June



Coming soon...

1 August, Pennine Trail, Penistone – meet in the Pennine Trail car park which is past Tesco and then to the right. Various venues for refreshments in Penistone.

5 September, Anglers Country Park – access is signed from the village of Winterset. Meet in the

car park, where there is a café.

The Lakeside walk is 2 miles round but there are seats at intervals and for a shorter walk, it is possible to turn round and return to the café.

Each walk been carefully chosen in parks and other venues where there is a café nearby and are led by a member of the

committee.

It’s an informal activity rather than a formal class and not related to fund raising. As such it’s not covered by Parkinson’s UK insurance and each person taking part does so entirely at their own risk.

All walks start at 10.30 a.m. and all are wheelchair-friendly.