

Chair's Chatter

Since our last Newsletter in April, there has been a lot going on. We were finally able to hold our AGM in May after in-person restrictions were lifted. I have been formally elected as your Chair, Ann-Marie Sephton formally elected as Vice Chair and Membership Secretary. Kathie Sharman re-elected as Treasurer and Doris Wragg remains our ever-active Secretary. Sadly for us, Sheila Ireland is moving out of the area and has resigned from her role as Service Development and editor of our Newsletter. Susan Grant has also stood down as minute taker at committee meetings. This means we have vacancies to fill! If you are interested in any of the roles, please come and talk to me.

During the coming year my aim is to do more to raise the profile of the Barnsley Branch and make the people of Barnsley more aware of the many activities and services we offer. To that end, since January, we have been successful in getting six articles printed in the Barnsley Chronicle. We have been seen in the community with a fundraising evening at Barnsley football ground, and we had our gazebo in the town centre as part of World Parkinson's Day. We held a plant sale at Locke Park classic car show and a fundraising event at Tesco in Penistone.

Our Natter Café was launched on 12 May. This meets between 10.30am and 12 noon on the second Thursday of each month in the Falco Lounge café next to the Central Library. The purpose is to enable anyone within the Barnsley area with a diagnosis of Parkinson's Disease (or their family members) to meet informally over a tea/coffee to discuss common problems and experiences in dealing with and coping with Parkinson's.



Our Branch has now joined the Barnsley Partnership. The Partnership incorporates the Barnsley Carer Service, Making Space and the local authority. The Barnsley Carer Service has an experienced and skilled team of carer support workers, all of whom have experience of being carers. Completing a simple form will give you access to information and advice, support to get a carer's assessment, to obtain Barnsley Carer's Grant funding and much more. To launch our membership into the Barnsley Partnership we were treated to a free lunch at Shaw Lane which was attended by 34 members.

So, as you can see, we are now fully operational following a miserable two years of coping with the pandemic. The sun is shining and we have a full programme of activities ahead of us, the actual details of which can be found elsewhere in this newsletter. I look forward to seeing you soon.

Best wishes, Terry

Recent Fund-raising

In the last three months, members have raised over £1100 at various venues. These include Barnsley Football Club, the plant stall in Locke Park, Tesco, Penistone and an information stall in Barnsley shopping precinct for World Parkinson's Day, when we were visited by the mayor, Caroline Makinson.



Information Stall in the Shopping Precinct

WELCOME BACK TO OUR CARERS

PAMPER DAY

Coming in October

For those who don't know about this free branch event, here are some details

- ◆ All carers of people with Parkinson's living in the Barnsley Borough are eligible
- ◆ Venues: Holiday Inn at Dodworth and adjacent Bannatyne's Spa
- ◆ Treatments, which have to be pre-booked may include; manicure, pedicure, massage and free access to the pool and gym.
- ◆ Carers are taken by volunteers to the spa. There they can relax, away from the responsibilities of caring and chat to others whilst waiting for their treatments. Hot and cold drinks can be bought from the café.
- ◆ For those who need to bring the person they care for with them, a room is available in the Holiday Inn where they will be entertained by George, and Bronia, (if available), will provide some suitable exercises. There will be 2 carers from Crossroads Care present during the morning.
- ◆ Meet up for lunch to end the session.

This is some of the feedback from previous participants and a few photos.



ONE WORD
FAB
ENJOYED
EVERYTHING



A really enjoyable day
I feel very relaxed
Much appreciated

Plant Stall

What a successful event! Members and friends had donated lots of plants which made a colourful display and attracted large numbers of visitors. The weather was kind. It didn't rain, although the wind was occasionally a problem. It proved to be a good test for the new gazebo, which stood up to the occasional gusts. We had plenty of helpers and in addition made the fantastic sum of £390.

Apologies to Terry and George (see picture on P1) who had already worked very hard erecting the gazebo and setting up the stall.



What Happens When!

- Branch meetings* - 3rd Tuesday in the month - 2.00pm - 4.00pm - Emmanuel Church
Exercise classes - Weekly on Mondays - 1.00pm - 2.00pm & 2.30pm - 3.30pm
2.00pm - 2.30pm - time for a drink and a chat - Emmanuel Church
Natter Cafés - 2nd Thursday in the month - drop-in at the Falco Lounge, Town Centre
between 10.30 and 12.00
Walks - Last Thursday in the month, summer only. Various venues.
See Events guide for details

BARNSELY AND DISTRICT BRANCH

Branch President

Ian McMillan

Acting Branch Chair

Terry Kendall 01226 767111

Branch Secretary

Doris Wragg 01226 744670

Nurse Specialist for Parkinson's

Carolyn Turton 01226 645180

Parkinson's Local Advisor

0808 800 0303

Acting Membership Secretary

Ann Marie Sephton 01226 384936

Many thanks to the contributors to this issue.
Future items should be sent to **Sheila Ireland** at
sheilairland@hotmail.com

Parkinson's UK

WE'RE the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

Free confidential helpline:
0808 800 0303

Interpreting available:
0800 111 4204

Visit us online at parkinsons.org.uk

A charity registered in England and Wales (258197) and in Scotland (SC037554).

DISCLAIMER: All items in this newsletter aim to provide as much information as possible, but some information involves personal judgement, their publication does not mean that the Barnsley branch of Parkinson's UK necessarily endorses them. The Barnsley branch of Parkinson's UK does not endorse any products or services advertised in this newsletter.