

NEWS

Barnsley & District Branch

January 2024



Parkinson's Local Adviser



Great News! Sue Martin is now our Parkinson's Local Adviser. Sue is very experienced, as she has worked for Parkinson's UK for 14 years. In addition to working with us, she also works with groups in York, Selby and Wakefield.

Sue's role is to answer any concerns you or your family may have relating to Parkinson's. Additionally, she can assist you in completing applications for relevant benefits and applying for a blue badge. She is happy to do home visits in the evening if necessary.

Find us online...

Barnsley Branch WEB:
barnsleyparkinsons.org

EMAIL:
info@barnsleyparkinsons.org

FACEBOOK:
Parkinson's Barnsley

Coming Soon...

Ten-pin Bowling

Details of date and time to be announced shortly.



Carers' Day



Chair's Chatter

I hope you have had a happy Christmas and my best wishes for a happy and peaceful New Year. I am pleased to say that the effects of the pandemic now no longer have an impact on our activities and attendance numbers. We are free spirits!

Since our October newsletter we have had a full programme of activities which have included our ever popular afternoon tea in the White Bull Restaurant at Cannon Hall. Forty nine people attended the event and the feedback was very positive.

Our Carers' Day was attended by 17 carers, some of whom were accompanied by people with Parkinson's. The treatments available included facials, massages and manicures. The people with Parkinson's were entertained by George and Bronia who brought a variety of games and quizzes to the enjoyment of everyone. Both groups came together for lunch at the Holiday Inn, after which goody bags were handed out to the carers. A big thank you to Philip & Rona for all their hard work in organising and coordinating this event.

At the end of November we held our well-liked ten-pin bowling morning at the Metrodome. Tracey Lawton won the event, Judith White and Brian Francis were joint winners of a bowling skittle which was provided by the Metrodome staff for the lowest score. Unfortunately, due to the number of non-attendees, the committee has decided that in future we will request a deposit of £10 per person at the time of booking. Should anyone fail to attend, the deposit will be forfeited. This has become necessary because we have to pay in advance for the event and non-attendance on the day means a loss of funds to the branch.

Our Christmas party was held at Emmanuel Church on 12 December. We have received many lovely comments about this year's party which included entertainment by singer, Ricky Graham, who had almost everyone (including the Mayor and Mayoress!) dancing in the aisles. It was a joy to see our members having such a wonderful time.

Dialogue is continuing with Barnsley hospital regarding improving the procedures for people with Parkinson's to receive their medication on time. We are awaiting the results of the trial on the trauma and orthopaedic wards. At a further meeting at the end of November, it was agreed that an awareness campaign should be launched in the hospital at the end of January. Publicity materials and Get It On Time literature will be on display in the restaurant of the hospital. A display stand will be staffed by branch members, colleagues from Parkinson's UK and hospital staff.

Following Sheila's move to Cumbria, I am pleased to announce that Alyson Francis has agreed to take on the role of Service Development. Alyson will be responsible for arranging and booking our various activities in the hope we can further expand, with the expectation of reaching more of our membership who currently do not participate or interact with us very often, if at all. If you have any ideas regarding other activities which we might introduce, then please don't hesitate to contact Alyson on **01709 896355** or email alyfran10@gmail.com

Best wishes, Terry

Cost of Living Support

Get help with the cost of living. Berneslai Homes Hardship Fund can help you with vouchers for gas and electricity, food and toiletries.

For further information ring
01226 774270.

Recent Fundraising

Just Giving - £1493.00

Tesco Stairfoot - £549.20

Not to be Missed...

- 11th Jan: Natter Café - Falco Lounge
- 16th Jan: Branch meeting - Mark Bowthorpe, Wentworth Woodhouse & Avril Pritchard, Cloverleaf (formerly Barnsley Carers)
- 8th Feb: Natter Café - Falco Lounge
- 20th Feb: Branch meeting - Annual General Meeting
- 14th Mar: Natter Café - Falco Lounge
- 19th Mar: Branch Meeting - Carolyn Turton
- 11th Apr: World Parkinson's Day & Natter Café - Falco Lounge
- 16th Apr: Branch Meeting - Ian McMillan

Bowling Pics



Barnsley Carers Service

If you previously registered with Barnsley Carers Service, this would have been with a company called Making Space. Cloverleaf Advocacy has now taken over from Making Space and, under the Data Protection Act, Cloverleaf Advocacy does not have access to the Making Space database. If you wish to continue to enjoy the services of Barnsley Carers Service, you must re-register your interest.

For further information contact Cloverleaf Advocacy on **01924 454875**.

Medical Detection Dogs

Medical Detection Dogs has been working on a ground-breaking 'proof of principle' study which has determined that dogs can detect Parkinson's disease, possibly many years before symptoms start to show.

To further their research, Medical Detection Dogs need to collect samples from willing volunteers with & without Parkinson's disease. The samples will not be used in clinical trials but are vital to make sure their dog's noses are on top form for the trial. A one-off sample collection, by way of a gauze swab, is required, and only takes a few moments.

For more information visit the web site Medical Detection Dogs UK Alternatively, ring **01296 655888** or email operations@medicaldetectiondogs.org.uk



Christmas Party



What Happens When!

- Branch meetings* - 3rd Tuesday in the month - 2.00pm - 4.00pm - Emmanuel Church
- Exercise classes* - Weekly on Mondays - 1.00pm - 2.00pm & 2.30pm - 3.30pm
2.00pm - 2.30pm - time for a drink and a chat - Emmanuel Church
- Natter Cafés* - 2nd Thursday in the month - drop-in at the Falco Lounge, Town Centre
between 10.30 and 12.00
- Walks* - Last Thursday in the month, **summer only**. Various venues.
See Events guide for details

BARNSLEY AND DISTRICT BRANCH

Branch President

Ian McMillan

Branch Chair

Terry Kendall 07515 051075

Branch Secretary

Doris Wragg 01226 744670

Nurse Specialist for Parkinson's

Carolyn Turton 01226 644575

Parkinson's Local Adviser

0808 800 0303

Membership Secretary

Ann Marie Sephton 01226 384936

Many thanks to the contributors to this issue.
Future items should be sent to **Sheila Ireland** at
sheilaireland@hotmail.com

Parkinson's UK

WE'RE the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.

Free confidential helpline:
0808 800 0303

Interpreting available:
0800 111 4204

Visit us online at parkinsons.org.uk

A charity registered in England and Wales (258197) and in Scotland (SC037554).

DISCLAIMER: All items in this newsletter aim to provide as much information as possible, but some information involves personal judgement, their publication does not mean that the Barnsley branch of Parkinson's UK necessarily endorses them. The Barnsley branch of Parkinson's UK does not endorse any products or services advertised in this newsletter.