

# NEWS

Barnsley & District Branch

**HAPPY  
NEW YEAR  
TO ALL OUR  
READERS**

**January 2019**

## Chair's Chatter

My theme this time is money; or rather lack of it. We had a very successful year in 2017 in terms of a surplus of income over expenditure and as a result launched a very optimistic spending plan for this year. On the basis of this plan which would have resulted in a continuing surplus, head office assessed us in accordance with the so called "financial framework" (which I explain elsewhere in the edition) to make a contribution to central funds of the order of £3000.

For various reasons which I will not go into our optimistic plans have not fully materialised and we look like having a deficit in 2018. We have had a sympathetic hearing from Rose our local volunteer support worker and a re assessment of the head office contribution on actual figures has resulted in its being reduced to zero.

The committee however is reluctant to introduce charging for the services we provide, as many other branches do. We will adjust the number of couples going on the Blackpool Experience this year according to our means and continue to request a voluntary contribution of £5 towards the costs of activities which include a meal. Really it amounts to a contract between the committee and the members. We will continue to provide services in accordance with present policy and in return request members, to the extent that they are able, to give full support to our fund raising for the branch.

As I write Christmas is looming. By the time it appears Christmas will have gone. May I therefore, take this opportunity to wish you and your family a happy, peaceful and prosperous New Year.

*Philip*



## New Walks for 2019

Three new venues are being planned whilst retaining some of the previous ones.

Watch out for details later - the first walk will be on 30th April in Locke Park, in time for the spring flowers.



# The Financial Framework

A few years ago the head office discovered that a total figure of about £6 million was lying dormant in branch bank accounts throughout the UK. Clearly this is not acceptable so a scheme was introduced called the “Financial Framework” which decreed that a branch could only retain in its bank account a sum not exceeding 12 months expenditure.

A meeting is held at the beginning of each year between branch and head office representatives to agree how much is likely to be needed to fund a sustainable programme of activities for the year. An estimate of how much is likely to be realised in fund raising is also made. The amount in the branch’s bank account is added to the estimate of income and from this is subtracted the estimated expenditure.

As an example;

Amount in the bank at the start of the year	£20,000
Estimated annual income	£18,000
Estimated annual expenditure	£17,000
Amount in the bank at the year end	£21,000

However under the Financial Framework each branch is only allowed to hold reserves equal to one years expenditure. Any surplus above this figure to be transferred to the head office.

So in this example this would be: Year end bank account	£21,000
Reserves to be held, estimated one years expenditure	£17,000
Transfer to head office	£4,000

Each branch is offered several alternatives for the allocation of the transferred amount. This branch has in the past chosen “research”. The transfer is made by instalments during the year.

The moral of this story is that if you would like to make some contribution towards research one way of doing this is to help raise as much money as possible for the branch, in the knowledge that any surplus over the year will go to that source.

*Philip*

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## THANK YOU TO ALL WHO HAVE RAISED VITAL FUNDS FOR THE BRANCH



Gill Taylor with her friends from the “Knit and Natter” group organised a second coffee morning and raised nearly £400.

The cakes were very tempting and the knitted items made great Christmas presents.

A tombola stall organised by George and friends was popular.



## Forthcoming Events

19 January	Tin collection - Tesco, Penistone
17 February	Tin collection - Tesco, Wombwell Lane
19 February	AGM
9 March	Bucket collection - Barnsley Football Club
19 March	Meeting - Andy Foster, SYP, Scams
26 March	Carers' Day
2 April	Ten-pin Bowling, Metrodome
16 April	Meeting - Ian Macmillan
30 April	Walk, Locke Park

## Collections

Please note the dates for the various tin and bucket collections in 2019. We are grateful for anyone who can volunteer to help out with these.

## Calendars

There are still a few of the Wildlife Calendars remaining to be bought by anyone who has managed to escape buying one so far. The good news is that they are now at a reduced price. If you don't need one yourself, perhaps you might have a relative who needs one. If so, please buy one and save us from the embarrassment of having some left over.

## Ten-pin Bowling

In November, we had our twice-yearly visit to the Metrodome for a Ten-pin bowling session with lunch. As usual, Leanne at the Metrodome made us very welcome and the lunch was very good. This time we were able to eat in the board room and the tables had been arranged around the room so that we were all facing inward, which was more sociable than sitting in small groups. We were joined by some new couples who enjoyed the experience, so we look forward to them taking part on future occasions. Look out for the next ten-pin bowling event early in April.

## STOP PRESS

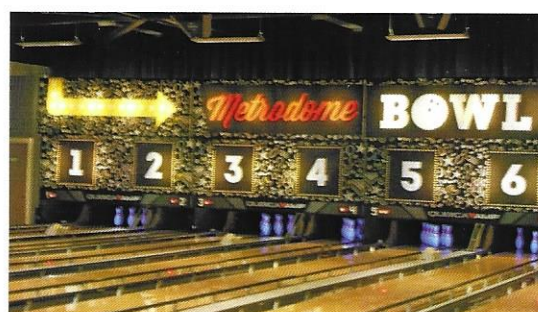
### Blackpool Holiday Experience

**Funding is available for four couples.  
Doris can take names for the draw up to the end of  
January - don't miss out on this opportunity.  
6th-12th October 2019**

## 'Outings' Survey

Recently, members were presented with a short list of options and asked to choose their favourite for an outing next year. The Bradford Media Museum won most votes so we intend to make that our June visit. The venue for the other trip is still under discussion.

The second part of the survey asked you to name your favourite months for outings. Because of the school holidays, we felt that August wasn't the best choice so we were not surprised to see that August was the least popular. July and September got the most votes. In 2019, we intend to change the month of the second visit which will now take place in September instead of August and in 2020 we will change the June one to July. Thank you to everyone who took the time to fill in the voting slip.





# Congratulations



## 10 Year Anniversary of the Barnsley and District Branch of the Exercise Class

This month is the 10th anniversary of the exercise classes which run at the Emmanuel Church under the leadership of Bronia Warden, Postural Stability Instructor, for all people in the borough with Parkinson's.

The class is free to all those with Parkinson's by a referral from The Parkinson's Local Advisor, Sharon Gray. Exercise is known to be of great benefit to all of us, not only to people with Parkinson's.

The current members are celebrating this achievement with a party. Four of the original members are still regular attenders, which testifies to the long-term benefits.

### INTERESTED?

Contact Sharon for details

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## BARNSELEY AND DISTRICT BRANCH

### Branch Chair

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### Branch Secretary

Doris Wragg: 01226 744670

### Nurse Specialist for Parkinson's

Carolyn Hodkin: 01226 645180

### Parkinson's Local Advisor

Sharon Gray: 0344 225 3637

### Membership Secretary

Granville Dransfield: 01226 711302

### Parkinson's UK

**WE'RE the Parkinson's support and research charity. Help us find a cure and improve life for everyone affected by Parkinson's.**

Free confidential helpline:  
0808 800 0303

Interpreting available;  
Textphone 0800 111 4204.

Visit us online at [parkinsons.org.uk](http://parkinsons.org.uk)

A charity registered in England and Wales (258197) and in Scotland (SC037554).

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### Find us online

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